

6.0 CHRISTIAN LIVING TODAY

Irresponsible sexual behaviour is a menace in society. Below are examples of values and skills needed to avoid irresponsible sexual behaviour.

Values

1. Responsibility- It is understanding that choosing to engage in sex has consequences.
2. Faithfulness - It is being committed to always making the right choices whenever one is faced by risky sexual situations.
3. Integrity - It is being able to choose to do the right thing even without supervision.

Skills

1. Communication skills - It is being able to clearly express your thoughts and personal boundaries.
2. Decision making skills - It is being able to make the right decisions and avoiding any sexual acts.
3. Problem solving skills - It is being able to handle challenges properly to avoid any irresponsible sexual behaviour.

Betting is rampant among young people today. It has negative impacts on an individual and their family. Below are types of gambling in Kenya today.

Types of gambling in Kenya

1. Pool betting - This is a form of betting where a group of people collect money and the winnings are shared by those who make correct predictions.
2. Scratch card betting - It involves buying a card and scratching it to reveal the prize one has won.
3. Lottery betting – It is a form of betting where one chooses and buys a numbered ticket in the hope that their number will match the number randomly selected in the final round.
4. Dice games - This is where players bet on the outcome of rolling the dice.

Social media platforms used by young people today

Below are examples of more social media platforms commonly used today.

1. Snapchat - It is used for chatting, calling and sharing files such as pictures and videos.
2. Telegram - It is used for sharing videos, photos and chatting.
3. X previously known as Twitter - It is used for sharing short posts, opinions and news.
4. Reddit - It is used for sharing ideas and information among online communities.
5. LinkedIn - It is used for connecting and interacting with friends.
6. Soundcloud - It is used for sharing music and audio files.